

## A) Approval Type

## B) Criteria For Approval

### Approval To Treat A Class Of Patient

- Psychiatrist is approved to treat a 'class of patient' – those patients with Adult ADHD
- Individual psychiatrist will be approved for a maximum of 3 years to prescribe for a group of patients that meet the criteria as noted in Column B.
- All patients falling outside these parameters will require an individual approval.

### Criteria

1. Confirmation that the patient meets DSM-V criteria for Adult ADHD,
2. Confirmation that other mental health diagnoses are excluded,
3. Confirmation that the patient has no history of drug dependence and is not using stimulants or other illicit drugs, and
4. Medication to be prescribed meets the following:
  - ✓ Dexamphetamine up to and including 40mg/day, or
  - ✓ Methylphenidate up to and including 80mg/day, or
  - ✓ Lisdexamfetamine up to and including 70mg/day

### Approval To Treat An Individual Patient

- Psychiatrist requires individual patient approval to treat patients with Adult ADHD with psychostimulants in the situations noted in column B.

### Criteria

1. Confirmation that the patient meets DSM-V criteria for Adult ADHD,
2. Confirmation of other mental health diagnoses
3. Patient has a recent history of drug dependence (confirmed through MRQ if possible)
4. Patient is presently using illicit drugs
5. Medication to be prescribed meets the following:
  - ✓ Dexamphetamine up to and including 40mg/day, or
  - ✓ Methylphenidate up to and including 80mg/day, or
  - ✓ Lisdexamfetamine up to and including 70mg/day

### Approval to treat an individual patient

- Any medical practitioner requires an individual patient approval to treat patients with psychostimulants in the situations noted in Column B.
- Medical practitioner must be able to provide evidence for the use of psychostimulants in these individual cases.

### Criteria

1. Patient is not receiving psychostimulants for Adult ADHD but another medical condition. For example resistant depression, palliative care, other mental health disorders, other sleep disorders such as idiopathic hypersomnolence

### No approval required

- Any medical practitioner does not require an approval to treat patients with psychostimulants who meet the criteria in Column B.

### Criteria

1. Patient has a confirmed diagnosis of Narcolepsy by sleep physician
2. Brain damage in a child between 4-18 years old
3. ADD in a child between 4-18 years old